

Thankful Scavenger Hunt

Take your cell phone and this list and go around your house, your neighborhood, your family and take a picture for each of the categories.

1. Thankful for someone special.
2. Thankful for a sound.
3. Thankful for a yummy food.
4. Thankful for something in my room.
5. Thankful for something about me.
6. Thankful for something in nature.
7. Thankful for someone/something that makes me laugh.
8. Thankful for someone/something that makes me feel better.
9. Thankful for something comfortable.
10. Thankful for something I am good at.

You can make up your own list or play a game where you each try to find several of each of the topics. It should be fun and not a chore, so you can always say get two of one if you can't find one of the numbers, or you can do it in pairs, or together as parent and child. It will be great to talk about why you chose one thing and why you are grateful for it/them.