

Thankful Jar

This is a great activity to do everyday or almost everyday up to Thanksgiving.
It would be a fun yearly tradition. .

The jar can be a pot, or a mason jar, or even a large mug. Each day every person at the table says something they are thankful for and they put it in the jar. On Thanksgiving you can read them all or each pick out one to read out loud.

To make these just cut up lots of colored pieces of strips of paper so they can write down something every day. You can pick a color for each person so they can see the ones they put in the jar if it's clear. You can also have a prompt each day so they are thinking of something particular that they are thankful for in that category. There are prompts below to help.

1. A person that you are thankful for in your family.
2. Something you are thankful for today.
3. A food that you are thankful for.
4. Something that you are thankful for that starts with the letter s.
5. Something about yourself that you are thankful for.
6. A challenge you overcame that you are thankful for.
7. Something you learned that you are thankful for.
8. Something about the person to your right that you are thankful for.
9. Something in your town that you are thankful for.
10. Something about nature that you are thankful for.
11. Something that you can hear that you are thankful for.
12. Something that made you laugh that you are thankful for.
13. Something that is unique about you that you are thankful for.
14. Some place you are grateful for.
15. Something in your room that you are thankful for.
16. Something that made you happy this week that you are grateful for.
17. Someone that is far away that you are thankful for.
18. Something that you like to do that you are grateful for.
19. Something you want to do in the future that you are thankful for.
20. A show that you like to watch that you are thankful for.
21. An animal that you are grateful for.
22. Something about your body that you are grateful for.
23. Something about your personality that you are grateful for.
24. Some tradition that you are grateful for.
25. Someone that you spend time with that you are grateful for.
26. Something that you like the smell of that you are grateful for.
27. Something that you've accomplished that you are grateful for.
28. A book that you are grateful for.

