

kindness kit

Kindness rocks

Inside this bag you will find a rock and some paint or permanent markers. The goal is to decorate the rock and put an encouraging message on it and leave it some where for someone to find it and brighten their day.

You can do fun stuff with the decorating:

1. Check out <https://www.pinterest.com/suerobin61/rock-painting/> to get lots of ideas
2. You can write one word and then do crayon melting on the rock - check it out here. <https://artfulparent.com/melted-crayon-rock-art-as-gifts/>
3. You could acrylic pour on the rock. See here <https://rockpainting101.com/start-pour-painting-rocks/>
4. Or if you have older kids this water marble is incredible!!! <https://www.keepingitsimplecrafts.com/painted-rocks-nail-polish-dipped-rocks/>

Now there are ways to change up the hiding a little:

1. You can join the kindness rock project "<https://www.thekindnessrocksproject.com/>" go to their facebook page and post your rock.
2. you can search to see if there are any "rock clubs" in your neighborhood, they hide rocks and then people post when they find it.
3. You can hide the rock at a friends house and have them go hunting for it.

Read

<https://www.ilovepaintedrocks.com/2017/10/how-to-play-hide-and-seek-rock-game.html> for great information!