

♥ kindness kit ♥

(all directions are included in the kit for each of the kindness activities)

- ♥ 1 Book - have fun reading it and then drop it off at a little library to spread the joy.
- ♥ 1 Plate and Permanent Markers - create a giving plate and pass it on.
- ♥ Chalk - to leave encouraging messages on your neighbors side walks.
- ♥ Rock and Paint - Paint an encouraging message and hide it some where.
- ♥ Postcards - send a postcard to a friend or family member to brighten their spirits.
- ♥ Old Crayons - Three options of crafts to make either lip gloss, crayons shapes, or a sun catcher and then give it to a friend.
- ♥ 2 little toys - The toys are in a bag with directions on how to go Geocaching. You and your family do one trip and then right a recomendation for friends of yours and give them the packet to have their own adventure.
- ♥ 1 Blank Certificate- Fill out and give it away. Best neighbor award, thanks for giving blood, thanks for being a good friend.. etc. It will be great to talk about it as a family to discuss great things people are doing around them - we all benefit from being thankful for others and their contributions.
- ♥ Jeweled Marble - This treasure is to be hidden in a friends yard. Go over and hide it and then text or write to them giving them a clue to where to find it, you will be bringing some great smiles and adventure.
- ♥ 1 Package of Bird seed - A great opportunity to be kind to the birds (and squirrels)
- ♥ Beads to make a bracelet - make a beautiful gift and pass it on to a friend or a family. Families with older kids will have smaller beads, but please watch all kids with beads.
- ♥ 1 Brown Paper Bag - to use to fill up and collect trash for a day.
- ♥ 1 Plantable Seed Paper Heart to be kind to the Earth.
- ♥ Kindness Tracker - a fun way to keep track as a family with a list of small free ways to show kindness to others.
- ♥ Kindness button and certificate for your family for all of your great kindness.